

DATE: ____ / ____ / ____

DAILY TO DO LIST
Get things Done

TODAY'S SCHEDULE	TODAY'S TOP PRIORITIES		
7 AM	1		
8 AM	2		
9 AM	3		
10 AM	4		
11 AM	5		
12 PM		EXERCISE	
1 PM		WHAT WE'RE EATING	
2 PM	BREAKFAST	LUNCH	DINNER
3 PM	NOTES		
4 PM	•		
5 PM	•		
6 PM	•		
7 PM	•		
8 PM	•		
9 PM	•		
10 PM	•		
11 PM	•		
12 PM	•		
1 PM	•		
2 PM	•		
3 PM	•		
4 PM	•		

